

M. Christina Benson, M.D., D.L.F.A.P.A.

Curriculum Vitae

Current Academic and Administrative Appointments

UCLA Neuropsychiatric Institute, Associate Clinical Professor of Psychiatry

Los Angeles Psychoanalytic Society and Institute/New Center for Psychoanalysis, Member and Associate Faculty

Southern California Psychiatric Society, Chair, Fellowship and Awards Committee

Education:

San Diego State University, Interdepartmental Major (Chemistry, Biology, Psychology) Suma Cum Laude

University of California, San Francisco, Doctor of Medicine

Post-Doctoral

Harbor UCLA Medical Center, Rotating Internship (general)

UCLA – Brentwood, VAH Residency Program, Adult Psychiatry Residency (Chief Resident in Psychiatry)

School of Medicine, UCLA, Robert Wood Johnson Clinical Scholar Research Fellowship

Los Angeles Psychoanalytical Society and Institute, Clinical Associate

Los Angeles Psychoanalytical Society and Institute/ New Center for Psychoanalysis, Member and Assistant Faculty

Academic Awards

Outstanding Senior in Biology, San Diego State University

University of California San Francisco School of Medicine, Research Fellowship

American Psychiatric Association, Distinguished Fellow

American Psychiatric Association, Recipient, Nancy C.A. Roeske, MD Award for Excellence in Medical School Teaching

American Psychiatric Association, Distinguished Life Fellow

Distinguished Service Award, Southern California Psychiatric Society

Teaching Responsibilities

UCLA Neuropsychiatric Institute, Residency Education, Clinical supervision of first ,second and third year Psychiatry trainees

UCLA Neuropsychiatric Institute, “Dynamics of Groups and Organizations” Course Director and Faculty for Psychiatry residents (15 years)

UCLA Neuropsychiatric Institute and UCLA School of Medicine, Visiting Lecturer in Psychiatry, Co-Chairperson, Psychiatry 101 (first year in Human Behavior) (14 years)

UCLA Neuropsychiatric Institute Residency Education, Supervisor, Process Group Faculty Leaders

UCLA Neuropsychiatric Institute, Mental Health Services for Physicians-in-Training

UCLA School of Medicine/Neuropsychiatric Institute, Faculty Sponsor, Student Tutorial Program, “Doctoring Course”

Los Angeles Psychoanalytic Society and Institute/ New Center for Psychoanalysis, Associate Lecturer

UCLA Neuropsychiatric Institute/David Geffen School of Medicine, Associate Clinical Professor

Publications

Baxter, J.D., Rousseau, G.G., Benson, M.C., Garcia, R.L., Ito, J. and Tomkins, G.M., Role of DNA and Specific Cytoplasmic Receptors in Glucocorticoid Action. Proc. National Academy, Sci., 69:7, 1972

Baxter, J.D., Rousseau, G.G., Benson, M.C., Garcia, R.L., Ito, J. and Tomkins, G.M., Mechanism of Binding Glucocorticoids. J. Clinc. Research, 20:164, 1972

Benson, M.C., and Forman, B. in Yager, J., ed., Women’s Issues in Psychiatric Education, Teaching Biobehavioral Sciences in Medical Education, and Stratton, 1982

Benson, M.C., Lundgren, J. in Yager, J., ed., Course on Dynamics of Groups and Organizations, Teaching Biobehavioral Sciences in Medical Education. Grune and Stratton, 1982

Wells, K.B., Hoff, P.A., Benson, M.C., A Medical Ethics Tutorial Program, J. Med. Ed. 59:433-435, 1984

Wells, K.B., Benson, M.C., and Hoff, P.A., A Model for Teaching the Brief Psychosocial Interview, J. Med. Ed. 60:181-188, 1985

Wells, K.B., Benson, M.C., and Hoff, P.A., Teaching Cultural Aspects of Medicine, J. Med. Ed., 60:(6), 493-495, June 1985.

Benson, M.C., Linn, L., Ward, N., Brook, R., Wells, K.B. and Leake, B., Career Orientation of Medical and Pediatric Residents, Medical Care 23: 1256-1264, 1985

Wells, K.B., Benson, M.C., and Hoff, P.A., Planning and Integrating a Behavioral Sciences Curriculum, Medical Education, 20:28-34, Jan., 1986

Wells, K.B., Benson, M.C., and Hoff, P.A., A Home Visit for First-Year Medical Students as Perceived by Participating Families, Family Medicine. 19:(5), 364-367, 1987

Hoff, P.A., Wells, K.B., Benson, M.C., and Kratz, H., Recruiting Community Volunteers for Student-Conducted Interviews. J. Psychiatric Ed., 12:(3), Fall, 1988

Benson, M.C., Lundgren, J.T., and West, K., Psychiatric Residency Training in the Dynamics of Groups and Organizations, J. Psychiatric Education, 12:(2), 102-110, 1988

Wells, K.B., Linn, L., Spiegel, J., and Benson, M.C., "Conducting the Interview: A Manual for Health Professionals," prepared for the USPHS, University of California Press, 1988.

Dillon, S., with Benson, M.C., "The Woman's Guide to Total Self-Esteem: the Eight Secrets You Need to Know". New Harbinger Publications, Inc., 2001

Committees and Offices

University of California, San Francisco, School of Medicine Committee of Admissions

UCLA Neuropsychiatric Institute, Department of Psychiatry, Residency Education Committee

UCLA Brentwood VAH, Curriculum Committee for Psychiatry

UCLA Neuropsychiatric Institute, Undergraduate Medical Curriculum Committee (for Medical Student training)

Los Angeles Psychoanalytic Society and Institute, Vice President, Clinical Associates Organization

Southern California Psychiatric Society, Chair, Women's Committee

UCLA School of Medicine/UCLA Neuropsychiatric Institute, Member, Steering Committee, Doctoring Course

Southern California Psychiatric Society, Counselor, West Los Angeles Division

Los Angeles Psychoanalytic Society and Institute, Member, Psychotherapy Training Program Steering Committee

Southern California Psychiatric Society, Chair, Fellowship and Awards Committee

Southern California Psychiatric Society, Acting Treasurer, Treasurer

Professional Societies

American Medical Association

American Psychiatric Association, Southern California Psychiatric Society

A.K. Rice Institute, GREX

California Medical Association

L.A. County Medical Association

Los Angeles Psychoanalytic Society and Institute

Other Professional Experience

UCLA Neuropsychiatric Institute and GREX, Co-Chairperson, Symposium on “Women in Authority”, Los Angeles, CA

A.K. Rice Scientific Meetings, Houston, TX, (Presentation) “Women’s Work Roles in Group Relations Work: A Microcosm” and “Role Transitions within Institutions”

UCLA School of Medicine, Law, Medicine and Human Values Forum, (Panel Presentation) “Women in Male-Dominated Professions”

R.W. Johnson Foundation Annual Meeting, Arizona, (Presentation) “Academic Career Orientations in Post-Graduate Physicians”

Los Angeles Psychoanalytic Society and Institute, Workshop “Training Experience for Women Clinical Associates”

Co-Sponsored by SCPS, LACMWA, CMA, ACOG, PRH, AAP, ABWP, Co-Chair, “Reproductive Choice or Consequence: A Medical Crisis: a Seminar on the Medical Consequences of Restriction of Reproductive Choice”

American Psychiatric Association Annual Meeting, (Panel Presentation) “Teaching Administration to Psychiatry Residents”